

Power Rejuvenator Pen (PRPen) Patient Post-Procedure Instructions

Your Appointment Date: _____

Your Appointment Time: _____

- Do not take aspirin, steroids, ibuprofen, naproxen or acetaminophen for 2 to 3 days following treatment. If you must take something, acetaminophen (Tylenol) is preferred.
- Avoid topical anti-inflammatories that contain cortisone, as this may diminish results.
- Avoid alcohol, exfoliating scrubs, and glycolic-based treatment products for 10 days. Use a gentle facial wash such as Cetaphil. Otherwise, routine skin care may resume in 3 days. Preservative-free hyaluronic acid or peptide moisturizers should be applied as needed.
- Mineral-based makeup can be applied the morning after treatment.
- Avoid sun exposure and wear broad-spectrum sunscreen of SPF 30 or higher daily, beginning the morning after your procedure. This should be a life-long practice to avoid further sun damage and help prevent skin cancer.
- If you experience irritation or redness, keep applying moisturizer until symptoms resolve. This can take several days.
- You may have mild swelling around the eyes and/or mouth. This will resolve in a few days. Cool compresses may be applied to the eyes.
- If hyperpigmentation occurs, it will be addressed at your follow-up appointment, and treatment recommendations will be discussed. If you already use topical treatments for hyperpigmentation, you may resume using them 3 days following your procedure.
- Do not expect to see improvement before 4 weeks have passed since your treatment. The average time to noticeable improvement is 6 weeks. Remember the results will vary among individuals and re-treatment may be recommended until the desired results are achieved.
- Should you have any questions or concerns, please call our office at (561) 296-9200.

I certify that I have been counseled in treatment instructions and have been given a written copy of these instructions.

Patient signature: _____ Date: _____